

U11-U12 ENSA
Small-sided Games
Modified Playing Rules - Effective Spring 2005
For complete rules www.nebraskasoccer.org

Number of Players	8 v 8 Maximum 7 field players + 1 GK 5 players must be present to start a game
Roster Size	16 Maximum
Field Dimensions	Rectangular: Between 60-80 yards by 45-55 yards recommended
Markings	Penalty area of 36 yards (width) by 14 yards (length). Penalty spot shall be 10 yards from the goal line. Center circle and penalty spot shall have a radius of 8 yards.
Goals	6 x 18 and 7 x 21 are acceptable
Goal Area	Conform to FIFA.
Penalty Area	The Penalty Area: A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, fourteen (14) yards from the inside of each goalpost. These lines extend into the field of play for a distance of fourteen (14) yards and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area. Within each penalty area a penalty mark is made ten (10) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.
Flag Posts	Conform to FIFA.
Corner Arc	Conform to FIFA.
Ball	Size 4
Duration of play	30 minute halves - 5 minute half time
Offsides	DOES APPLY Conform to FIFA
Free Kicks & Corner Kicks	Conform to FIFA with the exception that all opponents are at least 8 yards from the ball.
Start & Restart of Play	Conform to FIFA.
Fouls & Misconduct	Conform to FIFA.
Substitutions	UNLIMITED and at any stoppage. No substitutions on penalty kicks.
Penalty Kicks	Conform to FIFA with the exceptions that the penalty mark is at ten yards and that players other than the kicker and defending goalkeeper are at least eight (8) yards from the penalty mark.
Throw-In	Conform to FIFA.
Goal Kick	Conform to FIFA.
Ball In & Out of Play	Conform to FIFA.
Method of Scoring	Conform to FIFA.